

GRATITUDE

HEALTHY HUB



Meal Replacement Shakes

24g Plant Based Protein | 220 calories (240z) 9g Sugar | 3g Fiber | 15g Net Carbs

	12oz	24oz
GF Strawberry Cheesecake	\$6.50	\$12.50
GF Chocolate Peanut Butter Cup	\$6.50	\$12.50
GF Banana Bread	\$6.50	\$12.50
GF Pralines & Cream	\$6.50	\$12.50
Mint Chip	\$6.50	\$12.50
GF Green Goddess <small>Brown Rice, Quinoa & Pea Protein</small>		\$12.50

Shake & Coffee Add-On

Fat Reducer (Non-Stimulant CLA)	\$5.00
Protein Coffee Booster	\$3.50
Probiotics	\$3.50
Immunity Essentials	\$3.50
Extra Protein	\$3.50
B-12 Booster (Orange or PomBerry)	\$3.50



Protein Coffee

100 Calories | 1g Sugar | 15g Protein

Salted Caramel	\$6.50
Mocha	\$6.50
House Blend	\$6.50



Energy Teas ⚡

Green Tea Blend + Soothing Aloe + Collagen | 0 sugar



Strawberry Lemonade	\$8.50
PomBerry Tea + B12 Booster	\$8.50
Mango Proteini + 15g Protein	\$8.50

Quenchers

Caffeine Free Hydration

Wildberry Mango <small>15g Protein Zero Sugar</small>	\$8.50
Green Gratitude <small>Superfoods Green Blend 20 calories 0 sugar</small>	\$8.50
Mango Aloe Water <small>Aloe Probiotics 0 Sugar 0 Calories</small>	\$5.00



Hot Protein Oatmeal

9g Protein | 240 calories | 10g sugar

Strawberry	\$6.50
Pralines	\$6.50
Banana Caramel	\$6.50



Post Workout Shake

31g Protein | Whey & Casein | BCAA | 240 cal

Flex-a-Latte	\$10.50
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